

# UPLIFT DESK

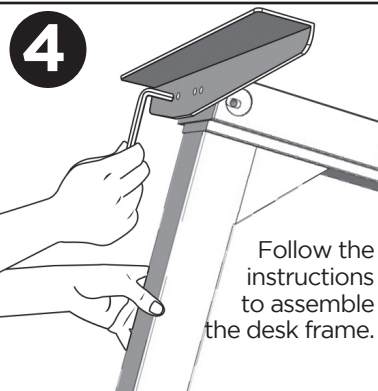
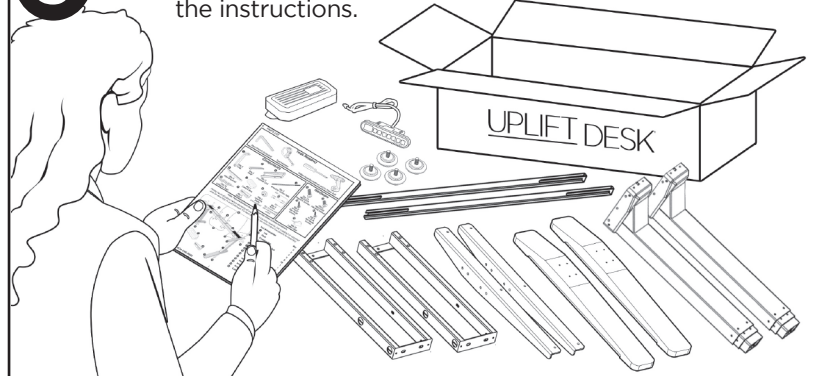
## UPLIFT Desk Quick Start Guide

- 1** Watch how easy the UPLIFT Desk assembly process is by viewing the assembly video at this URL: <http://bit.ly/19y2WWH> or by scanning this QR code.

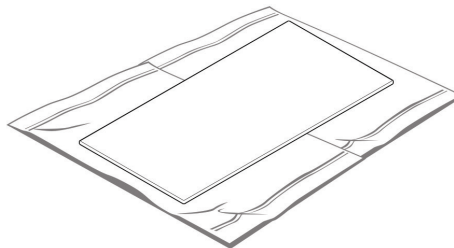


- 2** The UPLIFT Desk is customizable!  
Check the reverse side of this sheet for ideas on how to build the perfect desk for you!

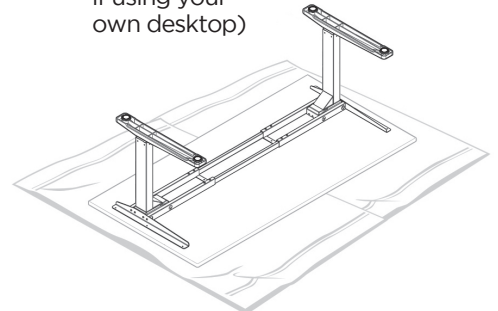
- 3** Make sure you have everything you'll need by unpacking the box and checking the contents against the parts list in the instructions.



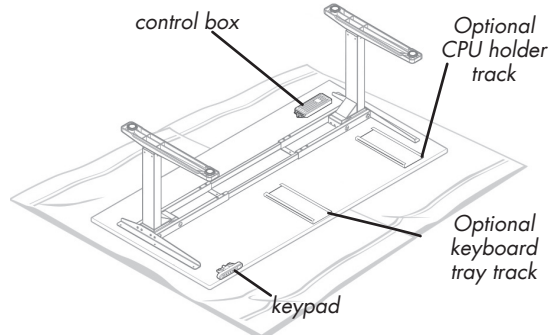
- 5** Place desktop upside down (with the top side of the desktop facing the floor) on a towel, rug, or blanket to avoid being scratched.



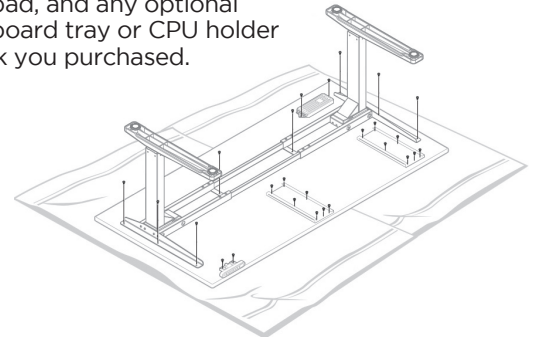
- 6** Position the desk frame over the pre-drilled holes UPLIFT desktop, (or position it where you'd like, if using your own desktop)



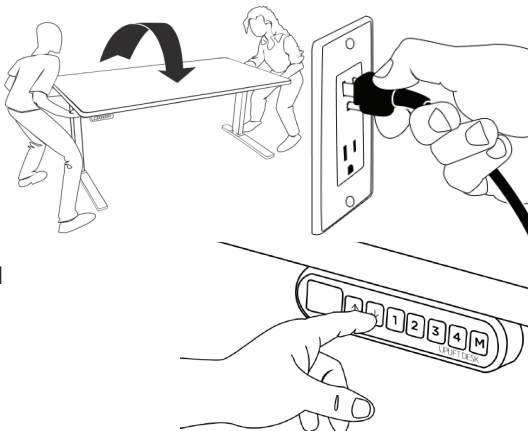
- 7** Place the control box and keypad on the desk. If you ordered a keyboard tray or CPU holder, refer to included instructions.



- 8** An electric screwdriver is recommended for this step. Insert the screws into the desktop. You're installing the desk frame, control box, keypad, and any optional keyboard tray or CPU holder track you purchased.



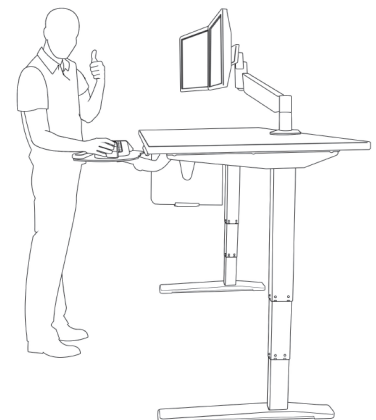
- 9** Holding onto the frame and the desktop equally, turn the desk over, plug it in, then follow the reset procedure: Push & hold the down button for 30 seconds to reset the desk before use.



Add any other items you have for your desk, such as monitor arms.

Congratulations!

You have assembled your UPLIFT Desk, and it is ready for use!



See reverse side for configuration options ↻

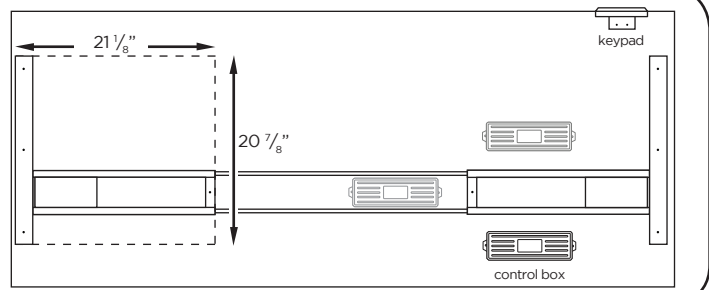
The UPLIFT Desk gives you the freedom to set up the components like the keypad, control box, and any extra options like a keyboard tray or CPU holder, however you'd like! Before you start installing anything, take a moment to decide how you'd like your desk configured. Below are few suggestions to get you started. Consider how you will use your desk, and make this desk your own!

(all diagrams depict an UPLIFT frame on a 72" x 30" desktop)

### Our C-Frame

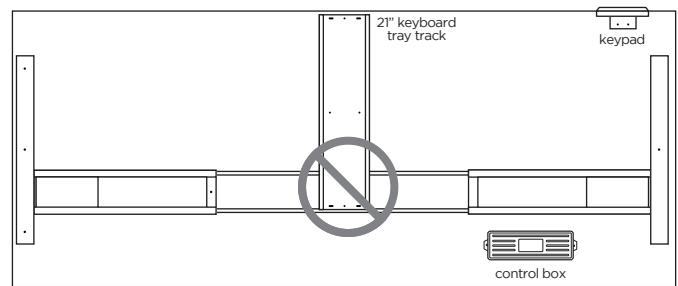
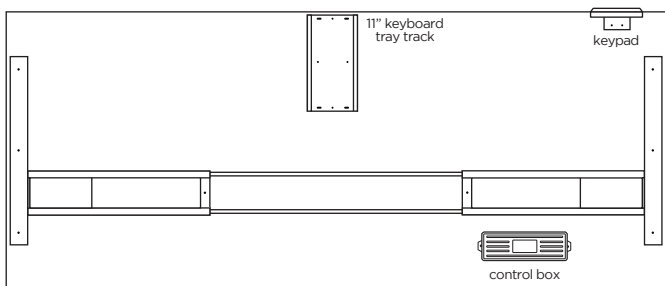
The UPLIFT Desk is a C-Frame frame that offers ample depth from the front of the desktop to the crossbar, allowing room for mounting accessories underneath.

All desks include a keypad and a control box. The control box is like the 'brain' for the desk. It can be mounted in several places, and was designed to fit between the crossbar rails.



### Keyboard Tray

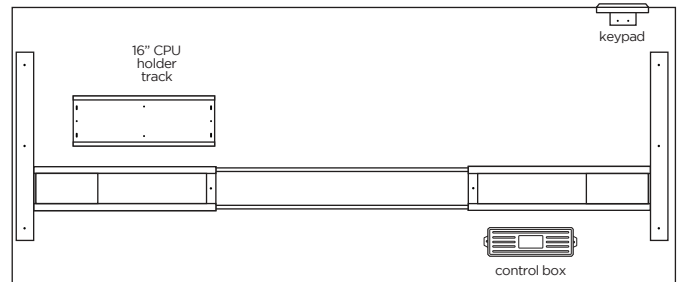
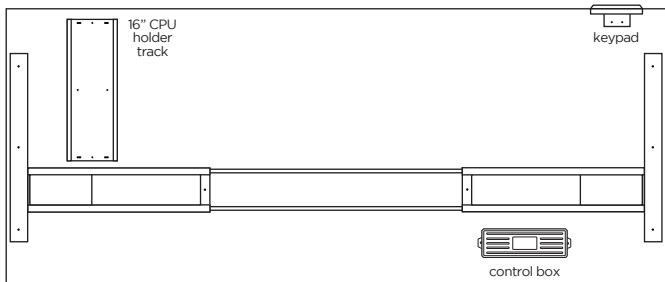
With the optional crossbar center rails installed, a shorter keyboard tray track is required. Note: the 21" track will not fit by itself. You will need a track spacer (see section at bottom of page)



### CPU Holder

When determining where to place your CPU Holder, account for the width and depth of your computer. On a C-frame UPLIFT Desk, there is enough depth to mount a 16" CPU holder track perpendicular to the front of the desk.

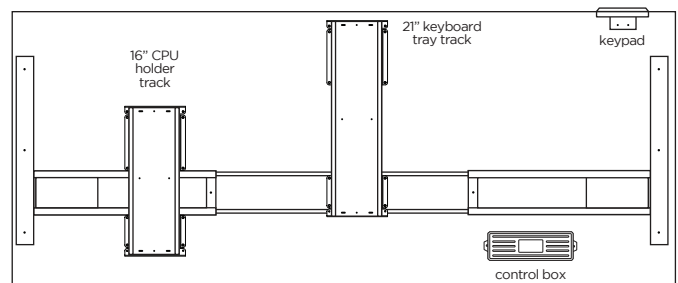
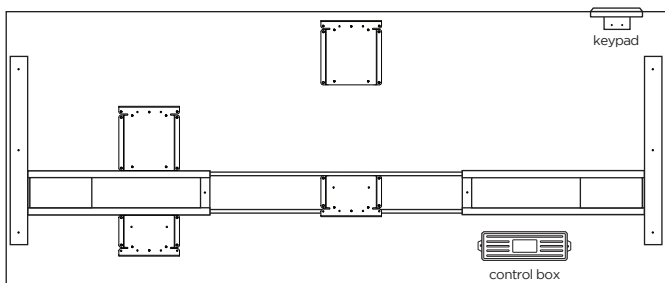
You may also mount it parallel to the front of the desk, if that would better fit your needs.



**Please note:** on a 48" wide desktop, the CPU Holder is best mounted behind the crossbar with the track parallel to the back edge of the desktop.

### Track Spacer

To maximize the space under your desk, use an UPLIFT Track spacer to mount your longer keyboard tray track and CPU holder track can fit over the UPLIFT Desk's frame ends and crossbars.



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