a. If your monitor is particularly heavy, or after prolonged use, the Ball Joint Swivel/Tilt Mechanism may require increased friction. This can be achieved by tightening the (3) Ball Joint Friction Screws (A) using Hex Key C.
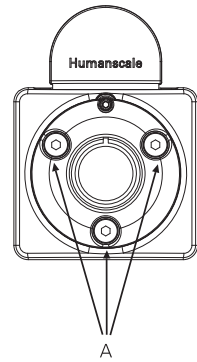
b. Your monitor should move up and down easily and should stay in place once adjusted. If it is difficult to adjust or moves without assistance, it is not properly counterbalanced.

Use Hex Key C to turn the screws located within the half-dollar-size friction discs (B) located on the side of the arm. Turn each screw counterclockwise to decrease friction when the monitor is difficult to adjust. Turn each screw clockwise to increase friction when the monitor will not stay in place. Be sure to apply the same amount of rotation to each screw.
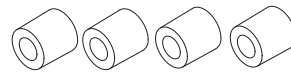
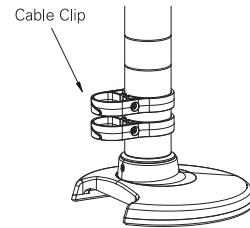

A

B
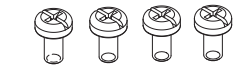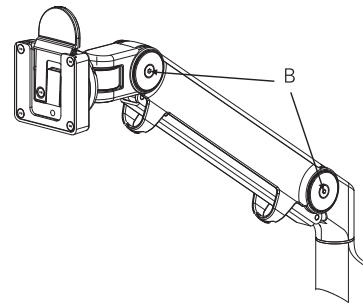
4 Standard VESA Bracket Screws
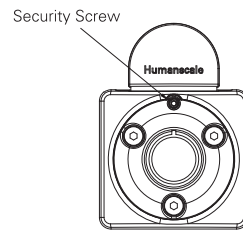
Base Stem Screw
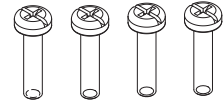
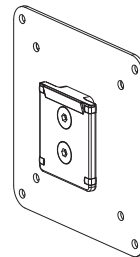4 Extended VESA Bracket Screws

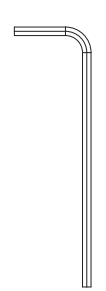4 Plastic Spacers

Cable Clip

Security Screw

VESA Bracket

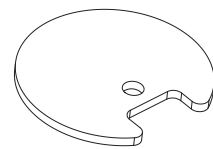Hex Key A (2mm)

Hex Key B (2.5mm)

Hex Key C (3mm)

Hex Key D (4mm)

Bolt-Through Mount

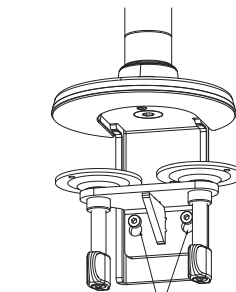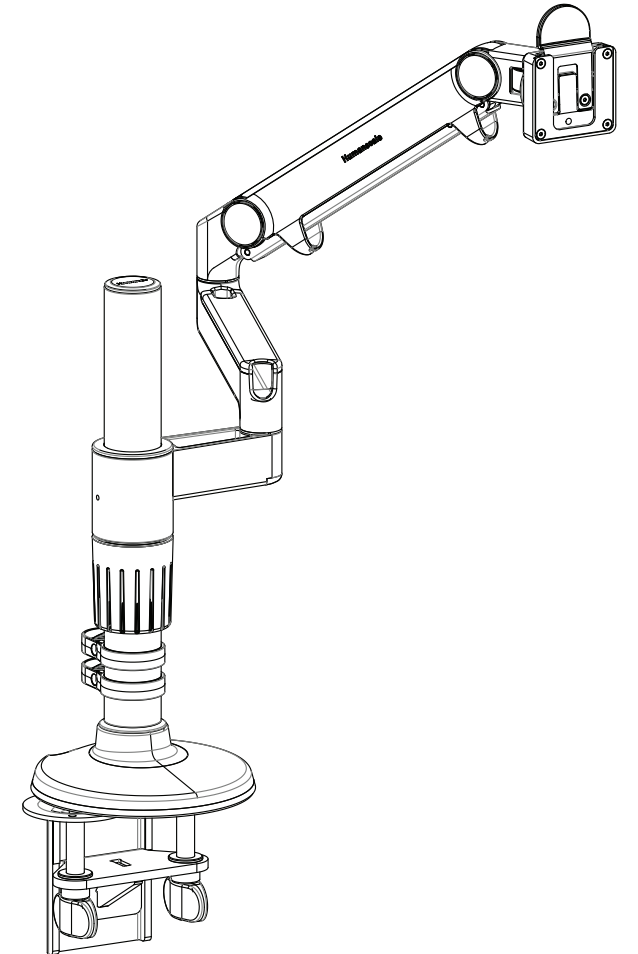Bolt-Through Plate

Bolt-Through Bolt

Clamp Mount

Bracket Screws

Humanscale®

available at:

humansolution®

800.531.3746
info@thehumansolution.com
thehumansolution.com

M|Flex™

Monitor Arm System

Installation Instructions

HSIMF0412

a. Fully tighten screw to post.

b. Install Top Cap

Note: Do not mount post to clamp if installing a bolt-through mount.
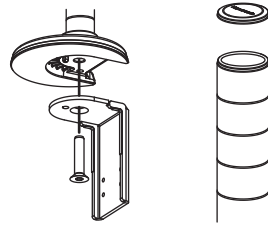
CLAMP/GROMMET MOUNT

a. For installation on open edge of work surface:

  i. Slide Mount (A) against work surface edge and fully tighten Clamp Screw (B).

  Note: If work surface is too thin to attach Mount at default setting, proceed to Step c.

  ii. Proceed to Step 3.

b. For installation through a grommet hole:

  i. Insert Mount (A) through grommet (B) and against work surface edge. Position Mount so that front of Base faces the user. Fully tighten Clamp Screw.

  Note: If Mount will not fit through grommet hole, proceed to Step c, mounting on inside edge of grommet hole.
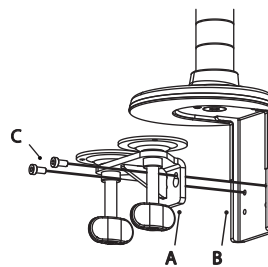
  ii. Proceed to Step 3.

c. For installation on work surface positioned against a wall or panel:

  i. Detach the Bottom Clamp (A) from the Top Bracket (B) by loosening Bracket Screws (C) with Hex Key C.

  ii. Position the Top Bracket against work surface edge.

  iii. Underneath the work surface, reattach the Bottom Clamp to the Top Bracket using the Bracket Screws.

  Note: There are two sets of holes for different surface thicknesses. Use the set of holes that allow the Clamp Screw to fully tighten.

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  iv. Fully tighten Clamp Screw (D).

  v. Proceed to Step 3.

Note: Clamp Mounts cannot be used to mount the M/Flex to any vertical surface.

BOLT-THROUGH MOUNT

a. If both desk mount options were purchased, begin with Step i below. Otherwise, proceed to Step iii.

  i. Detach the Bottom Clamp (A) from the Top Bracket (B) by loosening Bracket Screws (C) with Hex Key C.

  ii. Drill 1/2" hole through work surface in desired location.

  Note: The Bolt-Through Mount may also be accommodated by a larger drilled hole or grommet hole up to 3" in diameter for cable management (A) behind the Arm and through the hole to the underside of the work surface.

  iv. Position the M/Flex Base over the work surface hole (B).

  v. Align Bolt-Through Plate, foam side up, under the work surface. Pass the Bolt-Through Bolt (C) through the hole in the plate and screw into M/Flex Base. Using an M8 Hex Key (not included), fully tighten until secure.

 **v.** Proceed to Step 3.
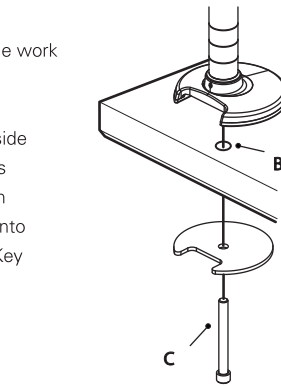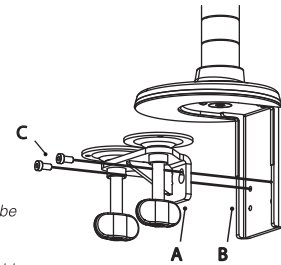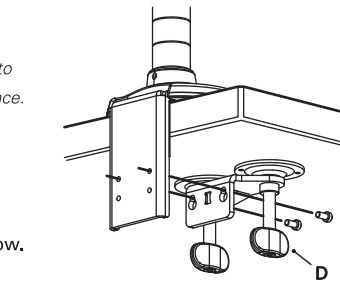
a. Install Cable Management Clip in desired location.

b. Position B1 Bracket with Knob in desired location on Post and turn knob to securely fasten to Post.

Note: Score marks on post are about 1" increments.

c. When attaching a second monitor use B2 bracket and install pan head screw (A) using 2.5mm hex key.

d. When attaching a third monitor use B3 bracket and install set screws (B) using 2.0mm hex key.

e. Install necessary caps B1/B2 Cap (when B3 not present) or B3 Cap.

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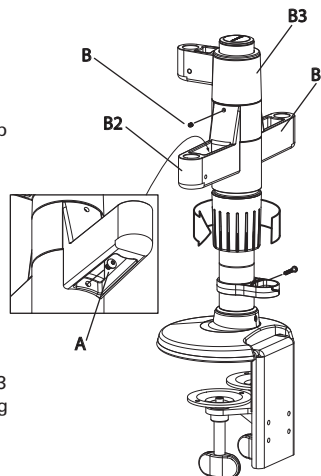
a. Remove Top Cap from originally mounted post.

b. Attach 2nd Post to original Clamp mounted post.

  i. Posts must be fully seated against each other.

  ii. Place Top Cap on top of 2nd Post.
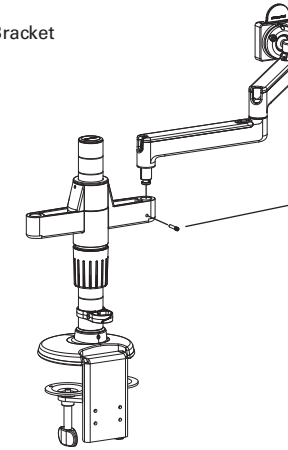
c. Repeat Installation Step 3.

a. Remove set (A) screw from Bracket using 2.5mm hex key.

b. Insert arm into Bracket.

c. Re-insert set screw.

a. Place VESA Bracket in position on back of monitor with lip (A) toward top of monitor and attach using 4 screws provided. VESA Bracket can accommodate 75mm or 100mm hole patterns. For this, you may also use screws that came with your monitor.
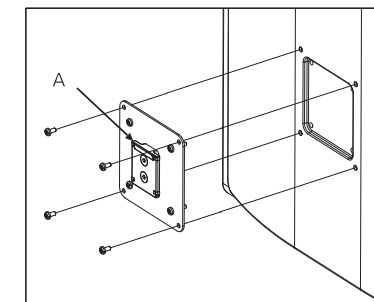
  i. If mounting space for 75mm VESA Bracket is inset into back of monitor, place the 4 Plastic Spacers (B) between VESA Bracket and monitor (align with hole pattern), and using the Extended VESA Screws (C), attach through the Spacers.
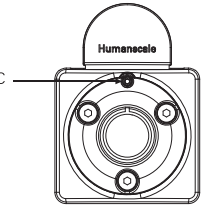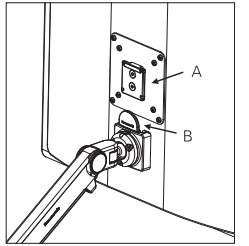
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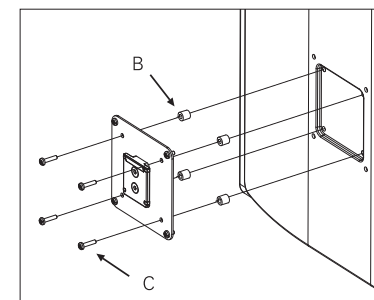
a. Slide VESA Bracket (A) into Ball Joint until it clicks.

b. To remove, depress Quick-Release Tab (B) and slide monitor up and away from Arm.

c. If security is required, tighten Security Screw (C) using Hex Key A.

a. Route power and monitor cables through the cable clips on the upper link (A).

b. Slide the plastic cover on the lower link downward until it disengages, then remove (B).

c. Route cables inside the lower link (C).

d. Place the plastic cover back onto the lower link and slide upward until it clicks into place (D).