UPLIFT Desks come standard with a two-button up/down keypad. To adjust the desk, push and hold the up or down arrow and release when the desk is at the desired height.

You can also upgrade to our advanced keypad, featuring digital height display and four memory presets. The keypad is programmed as follows:

- Set the desk at your perfect sitting, standing, or walking height
- Press “M”
- Press the desired number 1-4
- Repeat for all heights you want to program

When you want to adjust your desk, simply press and release the appropriate numbered button. The desk will move and automatically stop when it reaches the preset height. You can also use the up/down arrows for adjustment.

We pre-drill your desktop for keypad placement at the front right of the desktop edge, but you can install either keypad anywhere you like.