



# E-Series™

Multi-tilt



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1. **Back Height** - Slowly lift the back until you have the appropriate lumbar support. If the back is too high, lift the
2. **Forward Tilt-stop** - Recline seat angle slightly and then turn the control to horizontal to lock out forward tilt. To allow forward tilt, turn control vertically.
3. **Back Angle** - Lift lever and recline to your desired position. Release lever to lock into place.
4. **Seat Height** - Lift the lever and lift your weight to raise the seat to the desired position. To lower the seat, lift the lever while remaining seated.
5. **Seat Angle** - Push down to adjust seat angle. Lift to lock into place. For rocking, push the lever all the way down.
6. **Seat Tilt Tension** - From in front of the chair turn the knob to the right to increase tension or turn the knob to the left to decrease tension.
7. **Seat Slider (Depth)** - With your back against the backrest, lift the bar under the front edge of seat to disengage the lock and slide the seat to your desired position. Release the bar to lock the seat in place.
8. **Arm Width** - Loosen the knob under the arm to release the arm and slide the arm to the proper position. Tighten the knob to lock the arm into place.
9. **Arm Height** - Slowly lift the arm until your arms are properly supported. If the arm is too high lift the arm all the way up and then lower to the first position.
10. **Arm Pad Rotation** - Grasp the arm and pivot arm to desired position.
11. **Arm Pad Position** - Grasp the arm pad and move arm pad to desired position.