

# UPLIFT DESK®

Starling Stool  
CHR464

## Package Contents



Seat



Neck



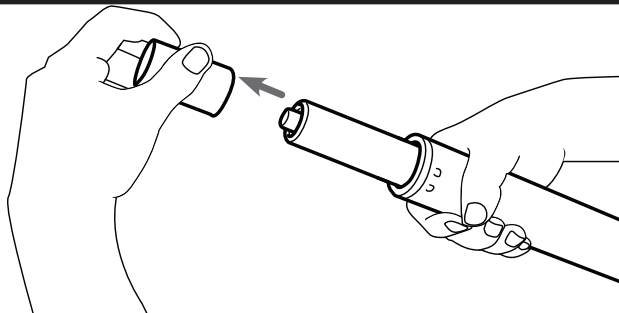
Cylinder



Base collar



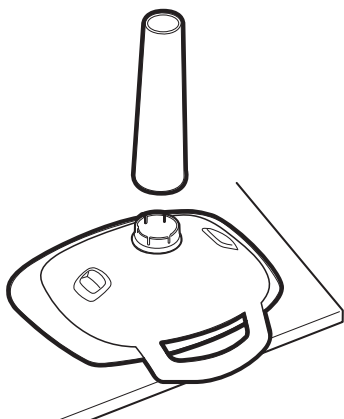
Base



### Step 1

The Cylinder arrives with a plastic cap that protects the gas release button during shipment. Remove and dispose of it.

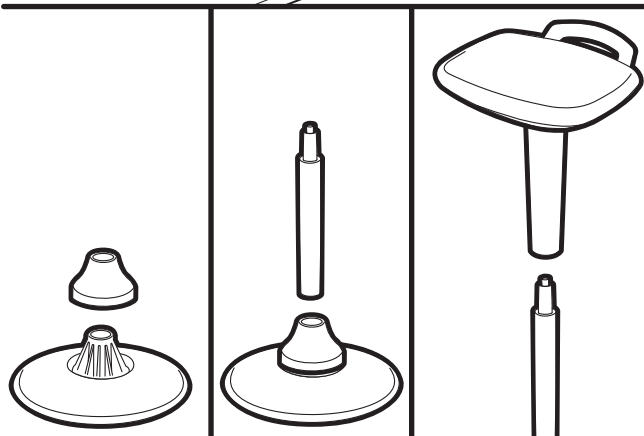
**Warning:** This cap MUST be removed. Leaving it on may damage the stool during assembly.



### Step 2

Place the larger end of the Neck on the open hole underneath the Seat.

Press down firmly until you feel the Neck snap into place. If there is a gap where the parts join, press down firmly again to ensure that both parts are connected completely before moving on to the next step.

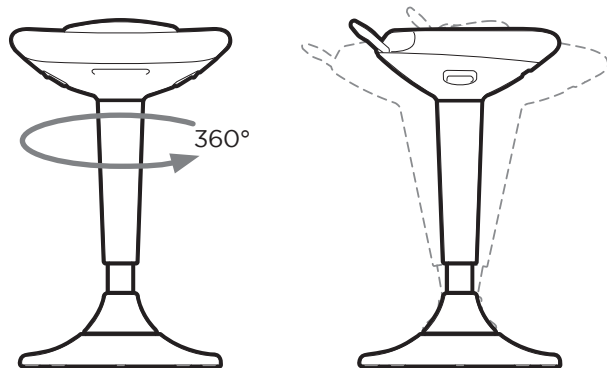


### Step 3

Place the Base collar into the open spot on the Base.

Next, place the Cylinder into the Base assembly and press down until the Base collar fits snugly on the cylinder.

Then insert the Seat/Neck assembly onto the Cylinder, pushing it down to secure it in place.



### Step 4

The stool is now ready to use. Your seat height can be adjusted by pressing one of the two levers found on either side of the seat.

The seat rotates 360° from a central point on the base and tilts 10° in all directions from the base.

## \*A note about fabric care

**Normal-** Vacuum your fabric seat as needed. Vacuuming picks up dust and reduces the need for professional cleaning.






**Ink Stains-** Apply a small amount of isopropyl alcohol to a clean and damp absorbent cloth. Start at the outside of the ink stain and work toward the center. Apply pressure, but do not rub too vigorously. As you work and your cloth soaks up the ink from the fabric stain, it's important to use a clean section of the cloth or the stain will spread. Apply more isopropyl alcohol to the cloth as needed. If the ink stain persists, try using acetone. Note: This procedure is not intended for day-to-day cleaning.

**Spot Cleaning-** Immediately soak up the stain with a soft, absorbent cloth. Do not dry the stain completely, as this may set it in the fabric permanently. The longer a stain is allowed to remain on the fabric, the more difficult it is to remove.

**Oil-based Stains-** Use a dry cleaning solution applied with a damp clean cloth or sponge. Test the cleaning solution on a small, concealed spot on the fabric first before attempting on a larger area. If there is no spotting, ringing, or damage to the fabric or its dyes, apply the cleaning solution to the soiled area with light, quick strokes. Begin at the outside of the stain and work toward the middle, making sure you use a clean part of the cloth as you work.

**Water-based Stains-** Use a water-based fabric cleaner (specifically made for cleaning fabric) or a solution of mild, alkaline, warm soapy water. Make sure that the soap and water mixture is not overly soapy. Test on a small, concealed section of the fabric first before applying to the main area. Work the cleaner or soap/water mixture into the stain on the fabric, starting from the outside of the fabric and working your way to the middle.

## CAUTIONS & WARNINGS

-  **CAUTION:** Read all instructions before assembly. Failure to assemble properly may result in damage or personal injury.
-  **WARNING:** This product's maximum weight capacity is 297.6 lbs (135 kg). DO NOT exceed the maximum weight capacity.
-  **CAUTION:** If any component is not in proper working order or appears worn, contact UPLIFT Desk immediately for repair or appropriate replacement parts.
-  **CAUTION:** If you do not understand any part of these warnings, cautions, or instructions, contact UPLIFT Desk for direction in the use of this product.
-  **WARNING:** Always ensure stool is securely positioned during use. For proper balance and stability, always sit on the middle of the seat.