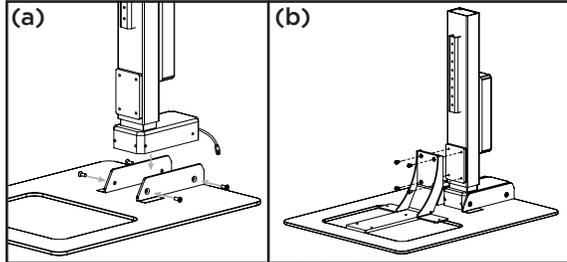
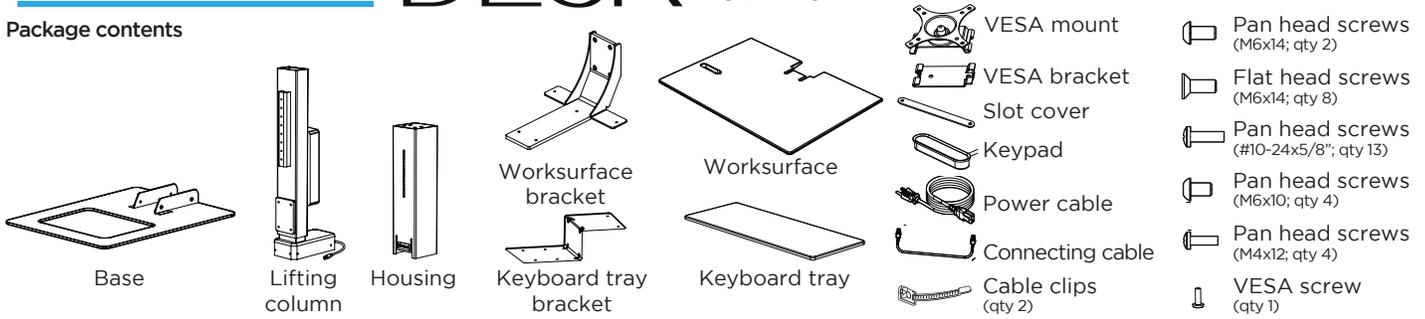


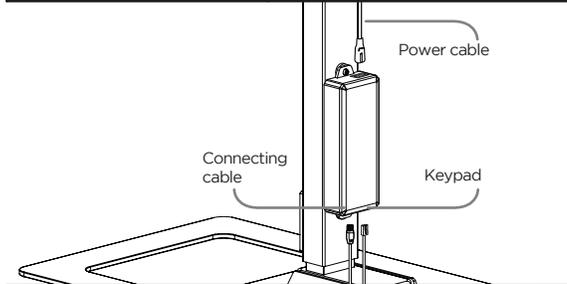
UPLIFT DESK[®] E7 Electric Standing Desk Converter Instructions UDA115

Package contents



Step 1

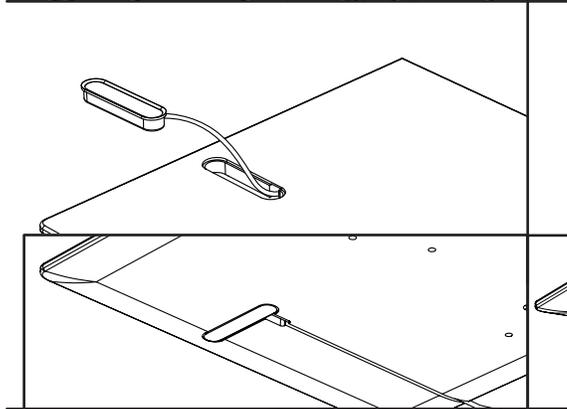
Place the base on your desk, with the front lined up with the front edge of your desk. First **(a)** Attach the Lifting column to the Base using four (4) M6x14 Flat head screws. Make sure the vertical column is facing towards the front. Next, **(b)** Attach the Worksurface bracket to the front of the Lifting column using four (4) M6x10 Pan head screws.



Step 2

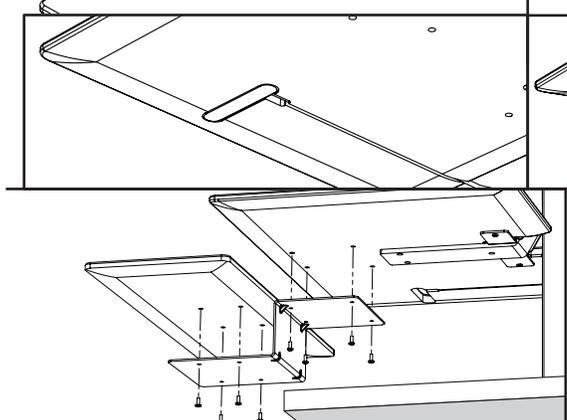
Plug the Lifting column's cable into the Connecting cable, and plug the Connecting cable into the Control box. Also, plug the Keypad and Power cable into the Control box, and finally plug the Power cable into a 120 Vac wall outlet. Press the "up" arrow on the Keypad to raise the Worksurface to a higher level for Steps 3 and 4.

Note: If surface does not rise perform the reset instructions in the TROUBLESHOOTING section on page 4.



Step 3

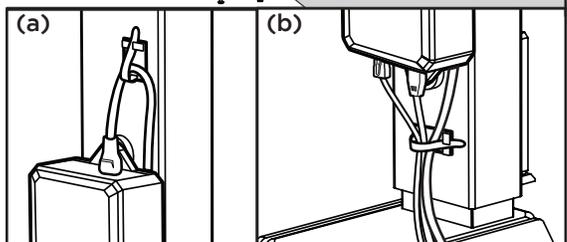
Unplug the Keypad only! Feed the end of the Keypad's wire through the top side of the Worksurface and fit the Keypad into the pocket as shown. Press Keypad cable into the wire channel on the underside of the Worksurface. Attach Worksurface onto the Worksurface bracket using five (5) #10-24x5/8" Pan head screws. Plug the Keypad back into the Control box.



Step 4

Attach the Keyboard tray bracket to the Worksurface using four (4) #10-24x5/8" Pan head screws. Then attach the Keyboard tray to the Keyboard tray bracket also using four (4) #10-24x5/8" Pan head screws.

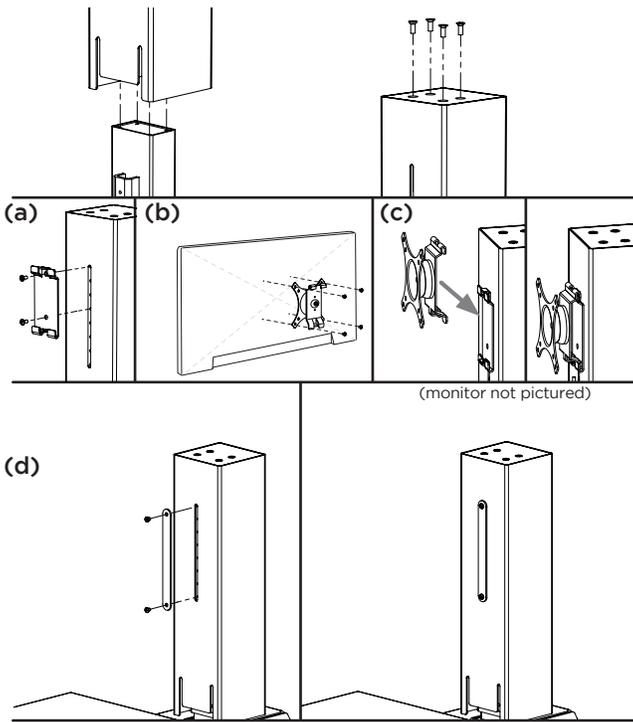
Caution: Make sure that Keyboard tray of the assembled unit is clear of the desk edge. When the unit is at it's lowest position, the Keyboard tray will be lower than the desk's surface.



Step 5

Take a moment to group your wires tightly together, to prevent them from splaying too widely, getting caught in moving parts, or interfering in Step 6. We recommend using the two (2) Cable clips with adhesive here:

- (a) Above the Control box to keep the Power cord close to the Lifting column. For additional securing, the cable can run behind the Control box.
- (b) About 2" below the Control box, on the top segment of the lifting column (as shown). Leave slack to allow the lifting column to rise all the way up.



Step 6

Press the down button on the Keypad and lower the unit down to lowest setting. Slide the Housing over the Lifting column.

Caution: As you slide on the Housing, be mindful of where the cables are. Make sure the screw holes on the Housing match up with the screw holes on the Lifting column and attach using four (4) M6x14 Flat head screws.

Step 7

(a) Attach the VESA bracket to the Lifting column using two (2) M6x14 Pan head screws. Note, there are five (5) different height settings, choose the height that is best suited for your monitor.

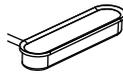
(b) Attach VESA mount to your Monitor using the four (4) M4x12 Pan head screws. Ensure that the hooks on the VESA mount are facing down towards the bottom of the Monitor as shown.

(c) Then hook the Monitor assembly to the VESA bracket, and secure with the VESA screw which is provided with the VESA mount.

(d) If you are not attaching a single or dual VESA mount to your UDA115 lifting column, you may attach the Slot cover with the two (2) M6x14 Pan head screws provided.

6. PROGRAMMING

These programming instructions are compatible only with the Keypad that is included in this package, and the Control box (on the Lifting column) with the following numbers located on the silver sticker:



Single-column riser:

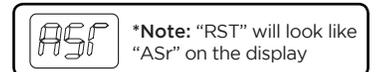
99.039.14.0333



HEIGHT CALIBRATION

Make sure the numeric display matches the actual height of the worksurface at its lowest position.

1. Press the DOWN button until the desk reaches the lowest position.
2. Measure the height from the floor to the underside of the worksurface. If the displayed height does not match your measurement, follow the next steps.
3. Press the DOWN button until display flashes "RST".
4. Press the "M" button until the numeric display begins flashing.
5. Press the UP or DOWN button to set unit to the measured height.
6. Once display changes back to "RST", press the DOWN button until the unit lowers slightly, then rises slightly and the display changes back to the numeric height setting.



*Note: "RST" will look like "ASr" on the display

KEYPAD LOCK

The keypad can be locked to prevent accidental activation or movement of the unit.

To lock: Press and hold "M" button until display changes to "LOC" 

To unlock: Press and hold "M" button until display changes to numeric height setting.

NOTE: If a power outage occurs, the program will automatically return to the unlocked setting.

MEMORY SETTINGS

Save up to two commonly used heights and recall them quickly.

1. Press the UP or DOWN button to move the unit to the desired height.
2. Press the "M" button.
3. Press the "1 or 2" button to assign the current height to a number on the keypad.
4. To recall any of those heights, press the numbered button to bring unit to assigned height.

6. PROGRAMMING (continued):

CONSTANT-TOUCH & ONE-TOUCH

These steps allow the unit to be set to either One-Touch or Constant-Touch. One-Touch requires only a single touch of the “1 or 2” button to move the unit to a preset memory location. Constant-Touch requires a continuous touch of the “1 or 2” button to move the unit to a preset memory location. Constant-Touch is the default setting.

Change between One-Touch and Constant-Touch:

1. Press the DOWN button until the unit reaches the lowest position.
2. Press the DOWN button again until display flashes “RST”.
3. Press the “1” button until display shows “10.1” (One-Touch) or “10.2” (Constant-Touch) and goes back to “RST”.

Note: While “RST” is still flashing, you can press the “1” button as many times as you’d like to toggle between the two settings.

4. Press the DOWN button until the unit lowers slightly, then rises slightly and the display changes back to the numeric height setting.

MINIMUM & MAXIMUM HEIGHT SETTINGS

The unit ships defaulted to its minimum and maximum height limits. These steps allow the upper and lower limits to be adjusted to your preference.

To Set a new maximum desk height:

1. Press the UP or DOWN button to move the unit to the desired maximum height.
2. Press the “M” button once, and then the UP button once (the display will show “S-”). 
3. Press and hold the “M” button until the Display shows “999”,  and then changes to numeric value of new upper limit.

To Set a new minimum desk height:

1. Press the UP or DOWN button to move the unit to the desired minimum height.
2. Press the “M” button once, and then the DOWN button once (the display will show “S-”). 
3. Press and hold the “M” button until the Display shows “000”  and then changes to numeric value of new lower limit.

Removing adjusted maximum and minimum heights:

1. Press the “M” button (the display will show “S-”). 
2. Press the “M” button again until the display shows “555”  and changes to the current numeric height setting.

Note: If memory settings were previously set outside of the new minimum and maximum height settings, they will default to the new minimum and maximum settings. To set new minimum and maximum height settings outside of the current settings, you will need to first remove the current minimum and maximum settings.

DISPLAY UNITS

Change the numeric display to show heights in either inches or centimeters.

1. Press the DOWN button until the unit reaches the lowest position. Release button.
2. Press the DOWN button until display flashes “RST”.
3. Press the “2” button until display shows “10.3” (centimeters) or “10.4” (inches) and goes back to “RST”.

Note: While “RST” is still flashing, you can press the “2” button as many times as you’d like to toggle between the two settings.

4. Press the DOWN button until the unit lowers slightly, then rises slightly and the display changes back to the numeric height setting.

6. PROGRAMMING (continued):

ANTI-COLLISION SENSITIVITY

The unit has an Anti-Collision Sensitivity that will stop its movement if it hits something on the way down or up. You can change this Sensitivity level by doing the following:

1. Press the DOWN button until the unit reaches the lowest position. Release button.
2. Press the DOWN button until display flashes “RST”.
3. Press the UP button until display shows “10.5”, “10.6”, or “10.7” and goes back to “RST”.
“10.5” is code for the 10 kg (22 lbs) setting (most sensitive setting, false positives are sometimes possible).
“10.6” is code for the 15 kg (33 lbs) setting
“10.7” is code for the 20 kg (44 lbs) setting (least sensitive setting).

Note: While “RST” is still flashing, you can press the UP button as many times as you’d like to toggle between the three settings.

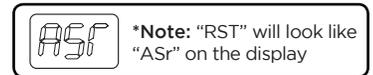
4. Press the DOWN button until the unit lowers slightly, then rises slightly and the display changes back to the numeric height setting.

7. TROUBLESHOOTING

If the unit does not respond when trying to raise or lower it, or if the Keypad displays error messages (“Er1” through “Er13”) check to make sure all the cables are secure (Lifting column to cable, cables to control box). If the problem persists, perform the reset procedure below.

- Reset Instructions -

- 1- Unplug the power cord and hold the DOWN button for 30 seconds.
- 2- Plug the power cord back in.
- 3- Press and hold the DOWN button on the Keypad until the unit reaches its lowest height. Release the DOWN button. Press and hold the DOWN button again until the LED display reads “RST” (about 10 seconds). Release the DOWN button. Press and hold the DOWN button again until the unit lowers a little bit more, slightly rises and stops. Release the DOWN button. It is now ready to use.
- 4- The Keypad will then display the current height, and you should be able to operate it now.
- 5- You may need to do this if the unit is ever unplugged or loses power.



If the error messages persist after the reset procedure, stop the reset procedure and contact The Human Solution (800.531.3746 or info@thehumansolution.com).

If the Keypad displays “HO1”, then it is hot. Let the base cool down for 20 minutes.

CAUTIONS & WARNINGS

- ⚠ CAUTION:** Read all instructions before assembly. Failure to assemble properly may result in damage or personal injury.
- ⚠ WARNING:** Keep hands clear of the column while it is rising and falling. Do not touch it.
- ⚠ CAUTION:** The maximum load capacity of the unit is 110 lbs. Do not overload.
- ⚠ CAUTION:** Keep devices centered and away from the edge of the main worksurface, to prevent them from falling.
- ⚠ CAUTION:** Make sure that the wires for your monitor and devices have enough slack to prevent your devices from being pulled off the unit workstation when raising the unit.
- ⚠ CAUTION:** When relocating the unit, remove all devices to avoid harm or damage, and adjust the unit to its lowest position.
- ⚠ CAUTION:** When relocating the unit, move it carefully with two people, to avoid injury and damage to the product and surroundings.

© Copyright Notice: These instructions are a component of the UPLIFT Desk E7 Electric Standing Desk Converter. These instructions are part of the scope of delivery, even if the item is resold. These instructions are also available on the UPLIFT Desk website: upliftdesk.com. Excerpts or copies may not be forwarded to third parties or used in any other published form without the prior written consent of UPLIFT Desk. These instructions are subject to United States copyright law.