

Pocket Ergo

Internet and Pocket PC editions



Pocket Ergo is a software program that contains office and industrial ergonomic assessment tools and guidelines. It will help you improve ergonomics, quality, and productivity at your workplace by using standard and accepted tools for assessing ergonomic risk. All assessment results can be saved as unique file names and imported to MS Word or other word processing programs for easy inclusion in your assessment reports. Assessment tools include both INDUSTRIAL and OFFICE related tools.

Tools included with Pocket Ergo

Industrial assessment tools:

NIOSH lifting equation, **Snook** Push/Pull/Carry force guidelines, **Anthropometry**, **RULA** (Rapid Upper Limb Assessment), Industrial Ergonomics/Material Handling Assessment **Checklists**, Ergonomic Assessment **Guide**.

Office assessment tools:

Computer Workstation **Quick Configure Calculator**, Office Assessment **Checklists**, Computer Workstation **OSHA Checklist**, and **Hazard Control Methodologies**. Checklist comment fields on allow note taking on your **Pocket PC**.

References are included for all analysis tools on Pocket Ergo.

All assessment results can be saved as unique file names and imported to MS Word or other word processing programs for easy inclusion in your assessment reports. Assessment tools include both INDUSTRIAL and OFFICE related tools.



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The internet version of Pocket Ergo has the same assessment capabilities as the Pocket PC version but with a modified layout to fit a large monitor screen.



Please visit

www.pocketergo.com
for more information
or call 800-531-ERGO(3746).

Internet version is shown above.



The Human Solution

design for human use

Pocket Ergo™ is a software program that contains assessment tools and guidelines typically used by ergonomics and safety professionals.

An internet version of Pocket Ergo is available. It runs on any PC with an internet connection.

Screenshots are shown below.

ANTHROPOMETRY

INPUT VALUES

Graphics: Standing Sitting
Measurement: 1. Vertical Grip Reach:
Gender: Male Female
Percentile: 5th

RESULT:
Cm. 180.9
Inch. 71.2

NIOSH

ENTER VALUES

Horizontal Location (L) (Min.1.0", Max.2.5") 25
Vertical Location (V) (Min.0", Max.70") 0
Travel Distance (D) (Min.0", Max.25") 25
Area Of Asymmetry (A) (Min.0", Max.1.5") 0
Goad Good
as Hour <=1/2
Duration (Q) Frequency (F) (Min.0.2, Max.10)
Load Weight 1 kg

RESULTS

Calculate Results

NIOSH Instructions

Four Steps To NIOSH
Limitations
Evaluation And Its Function
Print Instruction

ENTER VALUES

Horizontal Location (L) (Min.1.0", Max.2.5") 25
Vertical Location (V) (Min.0", Max.70") 0
Travel Distance (D) (Min.0", Max.25") 25
Area Of Asymmetry (A) (Min.0", Max.1.5") 0
Goad Good
as Hour <=1/2
Duration (Q) Frequency (F) (Min.0.2, Max.10)
Load Weight 1 kg

RESULTS

Calculate Results

Pocket Ergo

assessment software for

office and industrial ergonomics



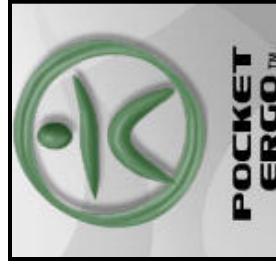
Free 30 Day Trial

To try the Pocket PC version of Pocket Ergo, just download your 30 day trial at www.pocketergo.com.

To try the internet version, e-mail us at support@thehumansolution.com. The

internet version runs on any computer with a web browser. We will send you a user name and password.

We also offer Pocket Ergo preloaded on a Pocket PC. See www.pocketergo.com for more



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