. Backrest Quick or Slight Tilt Tension Adjustment



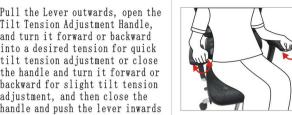
Tilt Tension Adjustment Handle, and turn it forward or backward into a desired tension for quick The synchro mechanism is



tilt tension adjustment or close the handle and turn it forward or packward for slight tilt tension adjustment, and then close the handle and push the lever inwards to the original position to fix it. ergonomically designed to enhance

comfort and reduce strain. The back-to-seat adjustment/tilt is 3:1 ratio.

D. Arm Pad Angle Adjustment



Arm Pad Angle Adjustment:A range of 9° can be achieved by swiveling the arm pads inwards, or swiveling the arm pads outwards to achieve another 15°.



The best angle could be reached when the arms can rest naturally on the arm pads while working.

E. Arm Pad Width Adjustment



Width Adjustment: hold and push the arm pads outwards or inwards into a desired width of the arms. There are 1.57" range adjustment

F. Arm Pad Forward and Backward Adjustment



Forward and Backward Adjustment Push the arm pads forward or backward to a desired position. The range for it is about 1.57"

G. Armrest Height Adjustment



Press the two-side armrest height adjustment buttons to raise or lower the armrests. There are 8 positions with 3.15" range.

Recommended armrest position:

Allow arms to rest comfortably on

the armrest at a 90° angle while

the armrest is 1" higher than the



H1.Seat Height Adjustment

Since an incorrect seat height contributes to back's fatigue, it is recommended that the angle of knees is slightly less than 90° and feet are level with the floor.

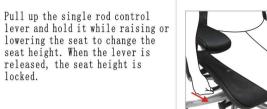
Pull up the single rod control

lowering the seat to change the

seat height. When the lever is

released, the seat height is

H2. Seat Depth Adjustment



■ Push the single rod control lever forward to adjust the seat depth (The approximate range is 1.97"). Return the lever to the original middle position, the position will



A2 Headrest Angle Adjustment

Ideal depth is achieved when the upper legs are on the seat, the lumbar area is in touch with the backrest of the chair, and the back of knees do not touch the edge of seat cushion.

Ergo Elite

ME22ERGLT



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Parts List CASTER × 5 ARMREST × 2 BASE × 1 SEAT CUSHION x 1 GAS LIFT × 1 BACK CUSHION # 1 Bolts & Washers M8 × 25mm FOR ARMREST **0** M8 × 22mm FOR BACKREST







- 3 Single Rod Control Lever for Seat Slide, Seat Height and Back Angle Adjustment

Function Adjustments



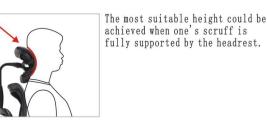
Forward & Backward Adjustment B. Backrest Height Adjustment

- H. Seat Height and Depth Adjustment

Al Headrest Height Adjustment



6 position with 40mm adjustable



Hold the handle of headrest to adjust the height of it, there are



The best angle could be reached when one could move the neck naturally.

Hold the headrest cushion to

adjust the angle of it'there

is 30° adjustable.

B1.Backrest Height Adjustment



handle, one could adjust the backrest up or down. The backrest would be returned back to the lowest when pushed to the top. There is 1.57" adjustable.

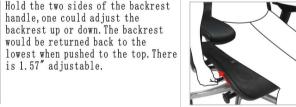
B2.Lumbar Support Height Adjustment



- A. The height of lumbar support can also be adjusted by adjusting the backrest height.
- B. Suitable height of the lumbar support would bring more comfort for one's waist.

Pull the single rod control lever completely backward and lean

B3.Backrest Tilt Angle Adjustment



against back until a desired angle is achieved, and then return the lever to the original middle position to lock at an ideal angle There are 4 positions with 25°



The proper backrest angle can reduce the pressure on the spine