UPLIFT Desk Quick Start Guide
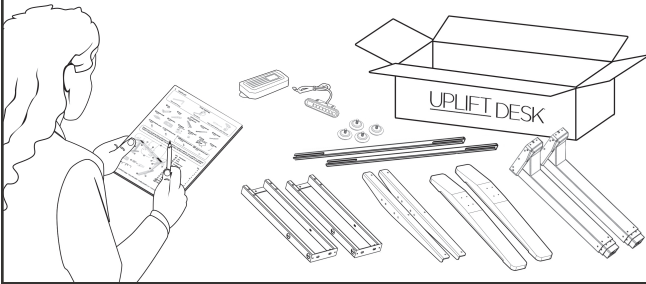
Watch how easy the UPLIFT Desk assembly process is
by viewing the assembly video at this URL: http://bit.ly/2qvkeUF
or by scanning this QR code

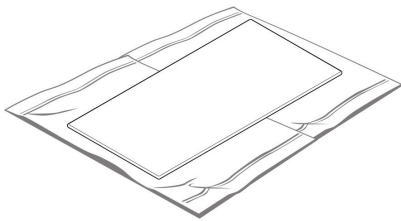The UPLIFT Desk is customizable! **Check the reverse side of this sheet for recommended component locations.**

1 Make sure you have everything you'll need by unpacking the box and checking the contents against the parts list in the instructions.
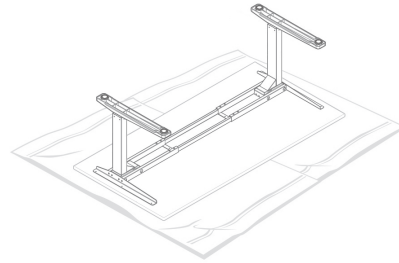
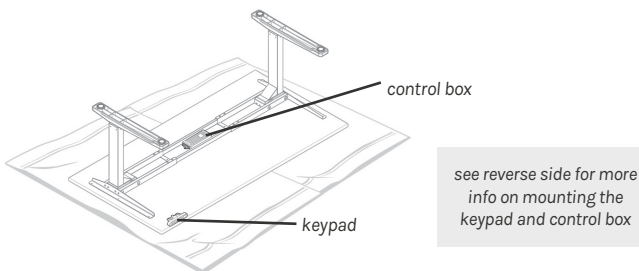**2** Follow the instructions to assemble the desk frame.

3 Place the desktop upside down (with the top side of the desktop facing the floor) on a towel, rug, or blanket to avoid being scratched.
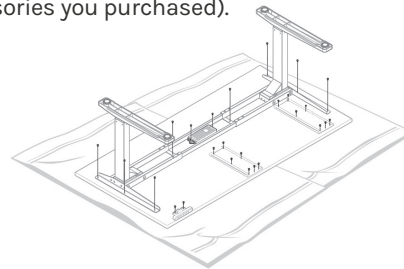
4 Position the desk frame over the pre-drilled holes on the UPLIFT desktop, (or position it where you'd like, if using your own desktop)
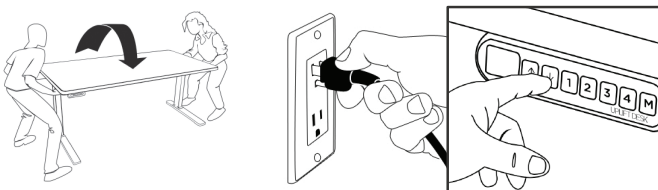
5 Place the control box and keypad on the desk. If you have a keyboard tray or CPU holder, refer to their instructions & reverse side for recommended mounting locations.

control box

keypad

see reverse side for more info on mounting the keypad and control box

6 An electric screwdriver is recommended for this step. Insert the screws into the desktop. You're installing the desk frame, control box, and keypad (and any optional accessories you purchased).
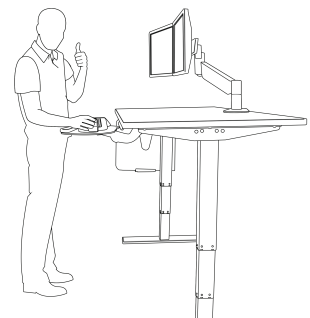
7 Another person is recommended for this step. Holding onto the frame and the desktop equally, turn the desk over, plug it in, then follow the reset procedure: Push & hold the down button for 30 seconds to reset the desk before use.

8 Add any other items you have for your desk, such as monitor arms.

Congratulations! You have assembled your UPLIFT Desk, and it is ready for use!
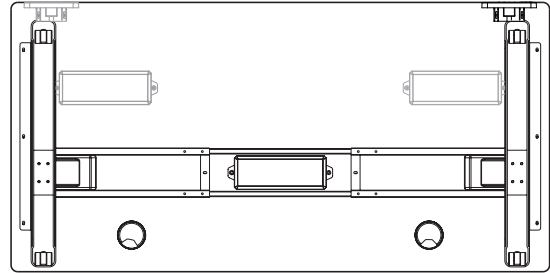
UPLIFT DESK®

Under Your Desk

The UPLIFT Desk gives you the freedom to set up components like the keypad, control box, and any extra options like a keyboard tray or CPU holder, however you'd like! Before you start installing anything, take a moment to decide how you'd like your desk configured. Below are a few suggestions to get you started. Consider how you will use your desk, and make this desk your own!

The UPLIFT Desk has a frame that offers ample depth from the front of the desktop to the crossbar, allowing room for mounting items underneath. All desks include a keypad and a control box.

The keypad is your input device, for telling the desk to go up or down, and can be mounted on either side of the desk.
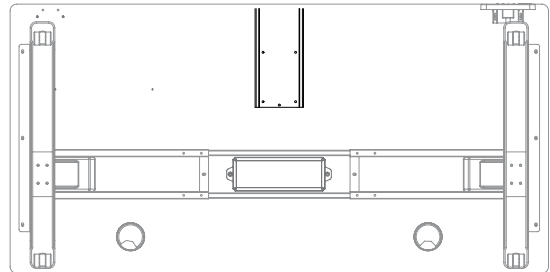
The control box is the desk's 'brain'. Depending on where your desk is pre-drilled, it can be mounted on either side, or between the crossbar rails in the center.
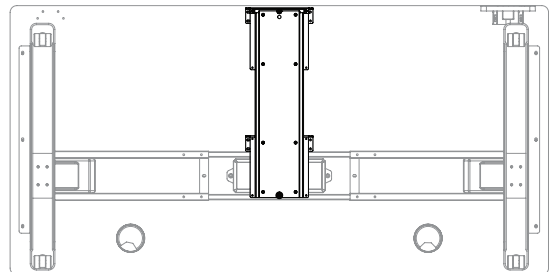

Keyboard Tray (11" Track)

With the two crossbar rails installed, the 11" keyboard tray track is required, unless you purchased a track spacer for the 21"track.

Note: The 11" track allows you to install your keyboard tray, but does not allow you to retract it fully underneath your desk when it's not in use. A 21" keyboard tray track enables full retraction.

Keyboard Tray (21" Track)
with Track Spacer

With a track spacer, you can mount the longer 21" keyboard tray track under your desk, without worrying about the crossbar rails (and the control box, if you decided to mount it between the rails) getting in the way. Your keyboard tray can be fully retracted when employing this mounting option.

CPU Holder (16" Track)
with Track Spacer

The 16" CPU holder track can fit on the desk in the front section, but it is a snug fit. Using the track spacer (comes included w/ the CPU holder) you can mount your CPU holder track without your desk frame being an obstacle.

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